

# Sign of the Cross

In the name of the  
Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.



St Edward's Catholic  
Primary and Nursery School

## My Individual Prayer Book (EYFS)



NAME:.....

CLASS:.....

## Grace Before Meals

Bless us, O God, as we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.  
Bless us, O God.  
Amen.



## Our Father

Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in  
heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against  
us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.



# Hail Mary

Hail Mary, full of grace,  
the Lord is with thee:  
blessed art thou among  
women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us  
sinners,  
now and at the hour of  
our death.  
Amen.



# Grace after meals

Thank you, God, for the food we have eaten.  
Thank you, God, for all our friends.  
Thank you, God, for everything,  
Thank you God.  
Amen.



# Morning Prayer

Oh my God, you love me,  
you are with me night and day.  
I want to love you always  
in all I do and say.  
I'll try to please you, Father,  
bless me through the day.  
Amen.



# Prayer at the end of the day

God our Father, I come to say  
thank you for your love  
today.  
Thank you for my family  
and all the friends you give  
to me.  
Guard me in the dark  
of night,  
and in the morning  
send your light.  
Amen.

